

# Bowman's Soul N the Wall

Soul Food Restaurant and Lounge

1899 Armistead Ave.

Hampton, VA 23666

(757) 826-7685

## LUNCH

*Two Courses \$10*

### **First Course**

*(Choose 1)*

Soup of the Day or Side Salad

### **Second Course**

*(Choose 1 entrée and 1 side)*

#### Entree's

8 Wings

Catfish Sandwich

#### Sides

Fresh Collards

Green String Beans

Sweet Potato Casserole

Mac & Cheese

Garlic Mashed Potatoes

Fresh Cut Fries

Potato Salad

Cabbage

Coleslaw

Rice

#### Beverage

*(Choose 1)*

Iced Tea, Lemonade, Soft Drink

## DINNER

*Three Courses \$20*

### **First Course**

*(Choose 1)*

Fried Mozzarella Sticks

Onion Rings

### **Second Course**

*(Choose 1 entrée and 2 sides)*

#### Entree's

Turkey Wings

2pc Catfish

Fried Chicken

#### Sides

Fresh Collards

Green String Beans

Sweet Potato Casserole

Mac & Cheese

Garlic Mashed Potatoes

Fresh Cut Fries

Potato Salad

Cabbage

Coleslaw

Rice

### **Third Course**

*(Choose 1)*

#### Desserts

Apple Cobbler

Peach Cobbler

Bread Pudding

Sweet Potato Pie

#### Beverage

*(Choose 1)*

Iced Tea, Lemonade, Soft Drink

# Hampton Restaurant Week Menu